

CARE: AMH Garment Skills Training Centre





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aung myin hmu

Industry Solutions for Safe Employment

Safe Migration and Empowerment for Migrant Women in Urban Centres

To improve the quality and safety of employment for urban migrant women.

Funded by:



L i v e l i h o o d s a n d F o o d S e c u r i t y F u n d



FROM THE AMERICAN PEOPLE

Canada

Irish Aid
Rialtas na hÉireann
Government of Ireland

Managed by  **UNOPS**



Implementing partners:



Safe Migration and Empowerment for Migrant Women in Urban Centres

To improve quality of employment for urban migrant women through technical and vocational skills

To reduce migration risks and foster safe migration

To improve workplace safety in factories with focus on prevention of sexual harassment



CARE: Aung Myin Hmu

Garment skills training in Aung Myin Hmu Training Centre

Accredited Training Lines in factories, Industrial Parks and Government venues

Respectful workplace training and GBV awareness raising

Technical support to NSSA to develop National Occupational Competency Standards

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Overall notice on skills area

- Both SEZ from Cambodia is significantly high in skill training received compare to the rest of two.
- There was no correlation between working experiences and/having skills and getting promotion among all SEZs involved in this study.

How the skills development needs at garment factories in Myanmar?

- Technical course
- Middle management course

Myanmar Factory Skill needs

Technical

- Sewing Machine Operator
- Quality Controller
- Sewing Machine Mechanic
- Cutting Room Operator
- Finishing Room Operator
- CAD/CAM

Supervisory Skills

Supervisory Skills Training

- Motivation & Leadership
- Line Planning
- Optimised Sewing Methodology
- **Industrial Engineering**

Management

- **Project Management**
- **Human Resources**
- Professional development
- **Planning**

Supervisory Skills Training



Why standardizing and recognizing skills are important

- Efficiency:
- Productivity: (Flow stitching, Speed timing)
- Quality: (Self monitoring)
- Correct use of Technology



how these can be introduced in factories?

- Aung Myin Hmu has Factory Training line program
- trained experienced supervisor (TOT)
- support in curriculum and technical
- support in accredited assessment center application
- monitoring and evaluation

Supported Training Venues by Aung Myin Hmu

- Accredited training lines in 6 factories
- Ministry of Border Affair Training Center(North Dagon)



How sewing training only is not enough for garment workers

- Technical skills competency
- Basic skills competency
- Industrial skills competency
- career perspective
- Respectful workplace and GBV awareness

AMH Training Centre curriculums

66% technical

- Sewing Machine Operator
- Quality Controller
- Sewing Machine Mechanic
- Cutting Room Operator
- Finishing Room Operator
- CAD/CAM

34% Industrial and Basic Skills

- **Industrial Skills:** ILO-GIP
- **Basic Skills:** BusinessKind Myanmar

AMH Training Centre curriculums

Industrial Skills

- Labour Law
- Rights and Responsibilities
- Disciplinary procedures
- Freedom of Association
- Occupational Safety and Health
- Understanding Overtime and Bonuses

Basic Skills

- Health and Nutrition
- Dealing with stress and homesickness
- Prevention of Sexual Harassment
- Managing Money:
Food, housing, sending home
- Communications,
- Confidence building
- The garment industry career path
- Climate Change and Plastic Use



97%

Matched in jobs

64%

Earn More

80%

**Meet or exceed
targets**

What do the factories say?

“AMH trainees have better communication skills than others, and are hardworking and know their responsibilities.”

Hnin Thet Mon
Owner, Shwe See Sar Garments

Thank you