Elsevier Atlas Award for December 2017

An article written by Rajan Parajuli, a GDS PhD student with his advisor, Dr. Philippe Doneys, as co-author, was awarded the Elsevier Atlas Award for December 2017



The article titled "Exploring the role of telemedicine in improving access to healthcare services by women and girls in rural Nepal" was selected from thousands of recently published articles from across over 3,800 journals on Science Direct by an external advisory board made up of individuals from academia, civil society and international organizations

Rajan is a doctoral student of Gender and Development Studies in the Department of Development and Sustainability in AIT's School of Environment, Resources and Development. The article was coauthored by Rajan with his advisor Dr. Philippe Doneys, who serves as an Associate Professor at AIT.

Atlas was launched by Elsevier in January 2015 to showcase research that is of significant impact to people's lives around the world. Every month, a single Atlas article is selected from published research from across over 3,800 journals on Science Direct by an external advisory board made up of individuals from NGOs. The panelists review the contribution to science and society, and analyze the societal impact of the article.

The paper explores how telemedicine reduces gender-based barriers to access healthcare, and circumvents gendered travel restrictions and decreases travel time. The research reviews the impact of video conferencing or mobile phones in healthcare services and highlights its use in reducing barriers for women and girls. The article was published in the journal 'Telematics and Informatics.'

The study is important, according to Dr. Doneys, because "technologies often have gender unequal outcomes, where this research shows that they can contribute to overcoming barriers in low income and remote areas that are affecting women, and more specifically their access to healthcare services."

While the article was selected as an Atlas article for December 2017, Elsevier also commissioned a journalist to interview the author and explain the article for wider audiences. An interview of Rajan by Kendall Morgan was published in Elsevier Atlas last week.

https://www.elsevier.com/connect/atlas/telemedicine-helps-to-overcome-gender-based-barriers-to-healthcare

Abstract

In this study, we explore the role of telemedicine in reducing gender-based barriers women and girls in rural areas of Nepal are facing to access healthcare services. Data were collected through a mixed method consisting of questionnaires survey, in-depth interviews, and focus group discussions with mobile phone and video conference-based telemedicine users. Data were analyzed through descriptive and thematic analysis. Results revealed that telemedicine reduced travel restrictions, treatment expenses, and apprehension regarding sexual and reproductive health consultation. Moreover, telemedicine decreased travel time, which helps women and girls access timely healthcare services and improve time management for household chores and other activities. The conclusion is that rural telemedicine tends to reduce gender-based barriers for women and girls in accessing healthcare services. Finally, policy recommendations are provided for expanding these initiatives in rural areas.

Original Article: https://www.sciencedirect.com/science/article/pii/S0736585317300977